



YOUR Health- A Collaborative Holistic Health Program

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Background

- Youth service providers expressed interest in a comprehensive health program
- YOUR Health – Young People Owning, Understanding and taking Responsibility for Health (YOUR Health) Program for at-risk youth
- Partnership was developed & coordinated by HepatitisWA between four agencies, to deliver topics in areas of their expertise



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Methods

- HepatitisWA primary contact for day to day management of YOUR Health
- HepatitisWA facilitated regular group meetings as well as meetings with youth agencies about the program
- Consultation is progressing between YOUR Health agencies on planning and framework documents



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Results

- After initial sessions debrief meetings are held after each program
- Identified the need for mental health information & awareness
- Currently contacting local area headspace services
- Working towards finalising a letter of understanding between agencies in YOUR Health





So What?

Strengths

- Building networks
- Shared passion and purpose for youth health
- Support and connection between agencies
- Collaboration
- Idea & information sharing
- Opportunity for other event collaboration
- Opportunity to learn from the group





So What?

- Research
 - Future consideration on evaluation from young people and service providers
- Practice
 - Importance of partnerships – successes, strengths & developing skills
- Advocacy
 - Increasing capacity by partnering within the health sector



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Questions



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