

Supporting Puberty and Adolescence Workshop

Date: Thursday, 7th September 2017

Time: 9.00am—4.00pm

**Venue: City West Lotteries House,
2 Delhi Street, West Perth WA 6005**

Young people with disabilities may require specialized teaching strategies when learning about puberty, sexuality and relationships.

This workshop provides practical information for parents, teachers and workers to help support young people to understand the changes experienced at puberty and to manage this life stage with confidence.

Topics covered will include:

- *Public and private concepts*
 - *Body changes*
 - *Hygiene*
- *Menstrual management*
 - *Sexual Health*
- *Healthy Relationships*

PLEASE NOTE THAT THIS WORKSHOP IS FOR PARENTS, CARERS AND HEALTH PROFESSIONALS ONLY (INCLUDING STUDENTS)

**For Registration to this workshop, register online
at:**

www.secca.org.au