

Developing a framework for community-based sexual health interventions for youth in the rural setting.

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Acknowledgement of Country

I acknowledge the Wadjuk Nyungar people as the traditional custodians of the land on which we meet today, and

Pay my respects to past, present and future elders.

Project Aim

To use a participatory action research (PAR) methodology to develop and validate a framework for planning, implementing and evaluating community-based youth sexual health interventions in the rural setting.

Objectives

1. Conduct an analysis in relation to evidence-based practice, settings, key stakeholders and interventions in the rural setting.
2. Develop a framework in consultation with key stakeholders and the target group for planning, implementing and evaluating community-based youth sexual health interventions in the rural setting using a PAR methodology.
3. Evaluate the validity of the framework.



Is Denmark Rural?

rural

/'rʊərəl/

adjective

1. of, relating to, or characteristic of the country or country life
2. living in or accustomed to the country
3. of, relating to, or associated with farming

RRMA: 5 Other rural area

AGSC-RA: RA3

ARIA+ Ave of 4

MMM: MM5

What is “rural”?

“Rurality is like beauty, which is in the eye of the beholder”

- Couper, (2004) Rural and Remote Health

So is it RURAL?

The National Strategic Framework for Rural and Remote Health (2012) classifies all RA2 and RA3 centres as “rural”.

The town has a population of 5000

Main industry agriculture

Lacks services

55km from nearest regional city (population ~33000)

Project – 3 PAR cycles

Multiple recurrent stages of observation, reflection, planning and action ([Kemmis & McTaggart, 2000](#))

Gives a voice to participants ([Crane & O'Regan, 2010](#))

Cycles are influenced by previous cycles

CYCLE 1: DATA COLLECTION

STAKEHOLDER
INTERVIEWS

YOUTH FOCUS
GROUPS

INTERACTIVE COMMUNITY
MAPPING EXERCISES

PHOTOVOICE

RESEARCHER
JOURNALING

Informs

CYCLE 1: LITERATURE
REVIEW

CYCLE 1 DATA
ANALYSIS

PAR SKILLS
AUDIT

SWOT

ENVIRONMENTAL
SCAN

DRAFT
FRAMEWORK

CYCLE 2: LOCAL
DELPHI
STUDY

CYCLE 2
DATA
ANALYSIS

VALIDATED
FRAMEWORK

CYCLE 3
DATA
ANALYSIS

CYCLE 3:
NATIONAL
DELPHI
STUDY

REFINED
FRAMEWORK

REFINED DELPHI
PROCESS

Cycle 1 – set the context

Insider-research

Immersion

Access

CYCLE 1: DATA COLLECTION

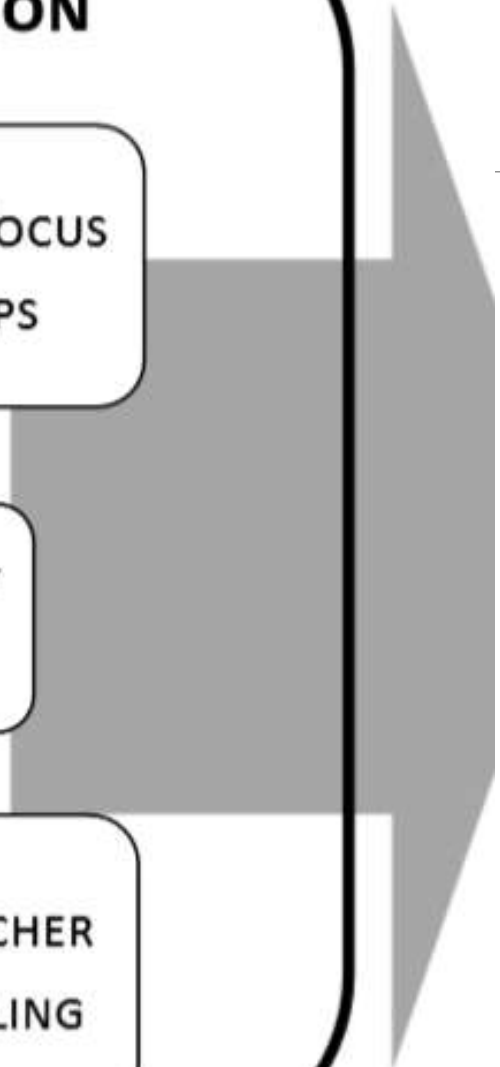
STAKEHOLDER
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**CYCLE 1 DATA
ANALYSIS**

**PAR SKILLS
AUDIT**

SWOT

**ENVIRONMENTAL
SCAN**

**DRAFT
FRAMEWORK**

Early data and discussion points

Initial interviews have been productive (n= 13)

Some stakeholders easier to access than others

Need further youth input

Simple things

Strengths

Willingness

Range

Connected nature

Weaknesses

Coordination

Collaboration

Setting

Knowledge

Opportunities

Potential

Awareness

Simple solutions

Threats

Priorities

Funding

Stigmatisation

Weaknesses

“I kind of get the feeling that there are a lot of resources out there that are untouched...”

Opportunities

“There is a lack of knowledge and skills of the young people to access GPs...”

Where to from
here?



CYCLE 1: DATA COLLECTION

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CYCLE 1: LITERATURE
REVIEW

CYCLE 1 DATA
ANALYSIS

PAR SKILLS
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SWOT

ENVIRONMENTAL
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FRAMEWORK

CYCLE 2: LOCAL
DELPHI
STUDY

CYCLE 2
DATA
ANALYSIS

VALIDATED
FRAMEWORK

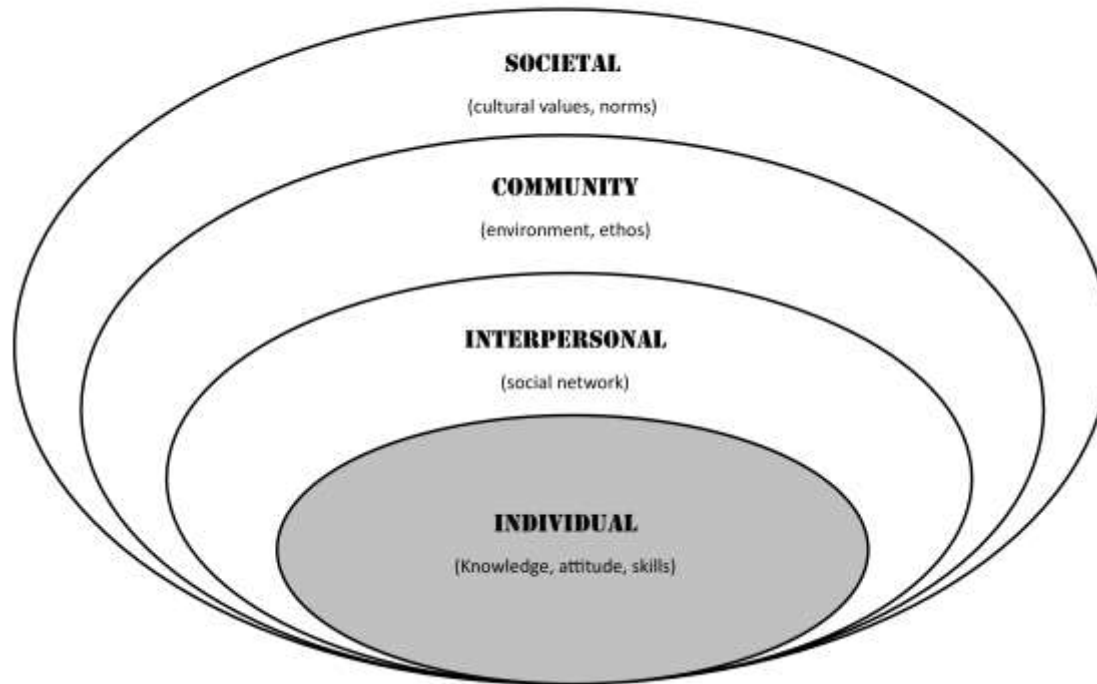
CYCLE 3
DATA
ANALYSIS

CYCLE 3:
NATIONAL
DELPHI
STUDY

REFINED
FRAMEWORK

REFINED DELPHI
PROCESS

Bronfenbrenner's ecological framework



Cycles 2 & 3: Refining & Validating

Delphi technique

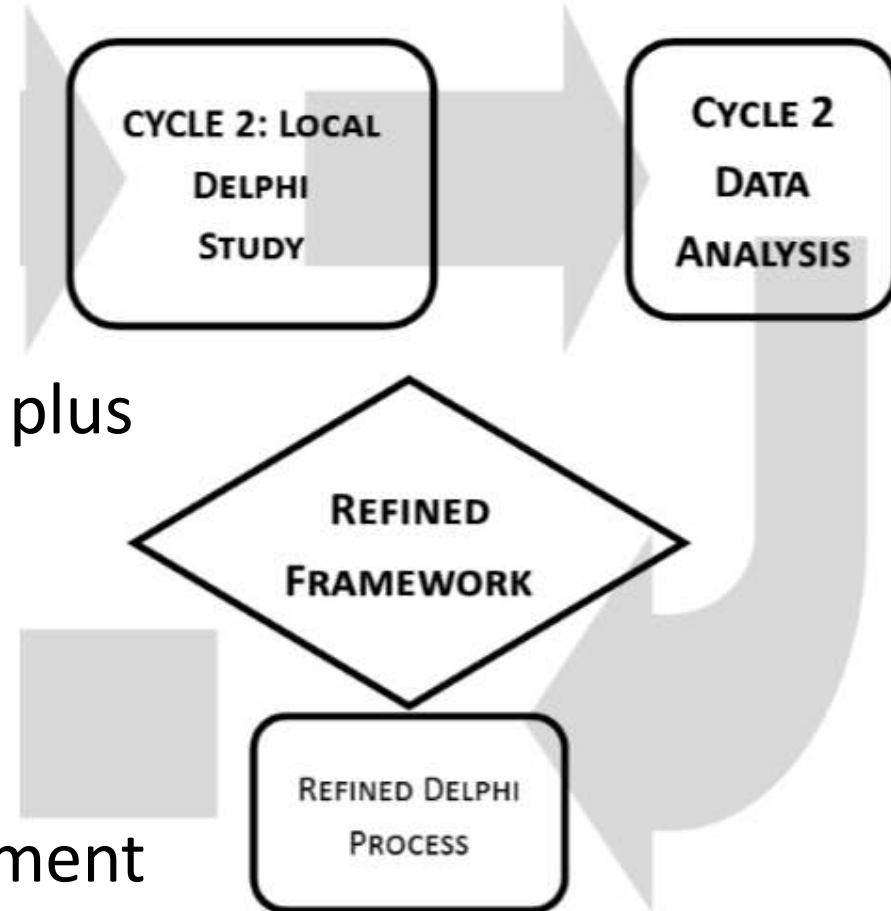
Evaluate framework

Sampling: Key stakeholders plus additional experts

Initial open ended questionnaire

Followed by ranking/refinement

([Hasson, Keeney, & McKenna, 2000](#))



Cycle 3: Refining & Validating

Refined from Cycle 2

Nonprobability
sampling

Experts that can give insight

Proposed 40 participants - background of primary health, youth work or health promotion in the rural setting

